

A Prayer for Joyful Heart

Bless me, O God, with a joyful heart.

Awaken me each day with eagerness to see the possibilities that lie ahead of me.

In doing so, enlarge my capacity for sharing your love with others.

During times of distress, remind me that joy does not always equate with happiness.

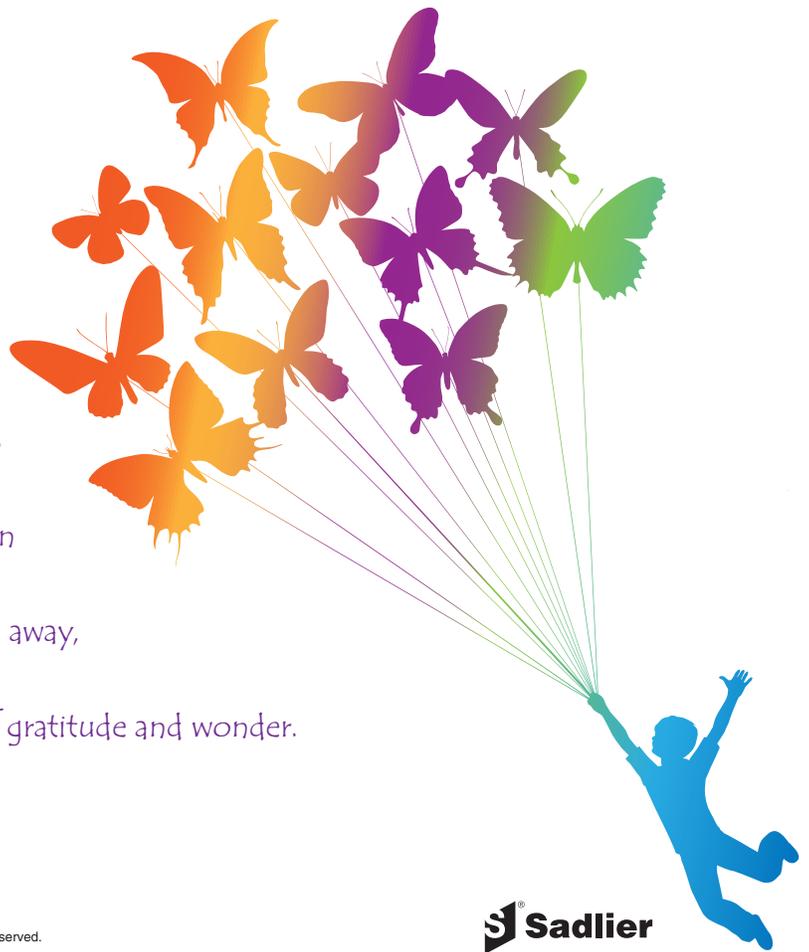
Through openness and hope, I will find gladness in the midst of my troubles.

As I retire for the night, let worry and anxiety fall away, replaced by a simple trust in your care.

Let the joys of the day wash over me in a spirit of gratitude and wonder.

In the name of your beloved Son, Jesus, I pray.

Amen.



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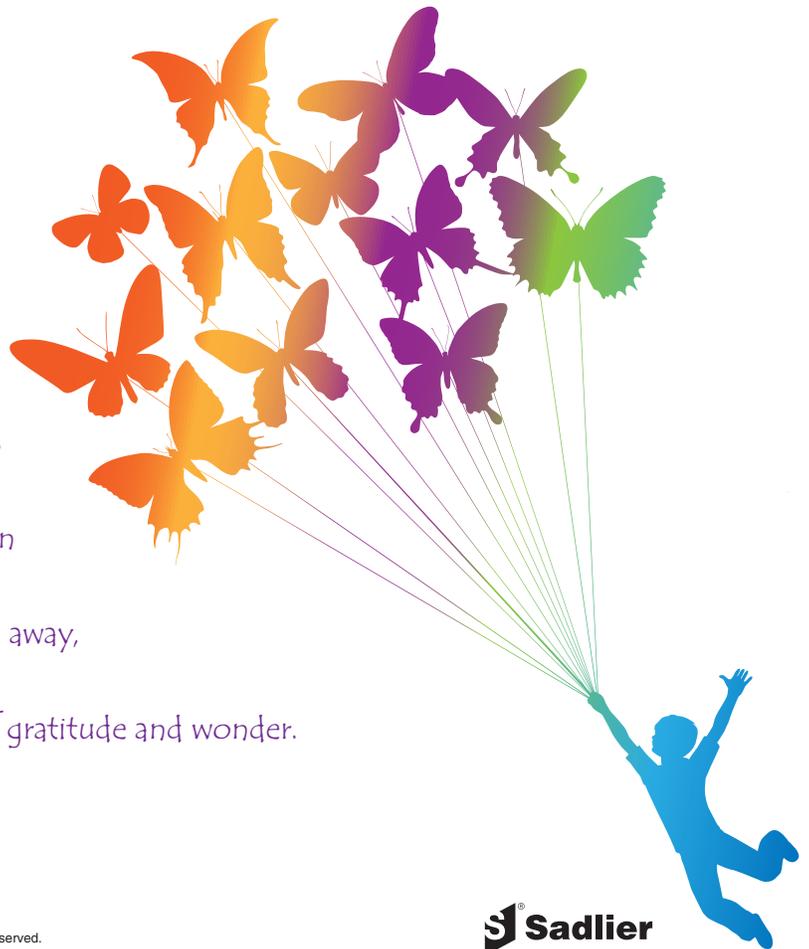
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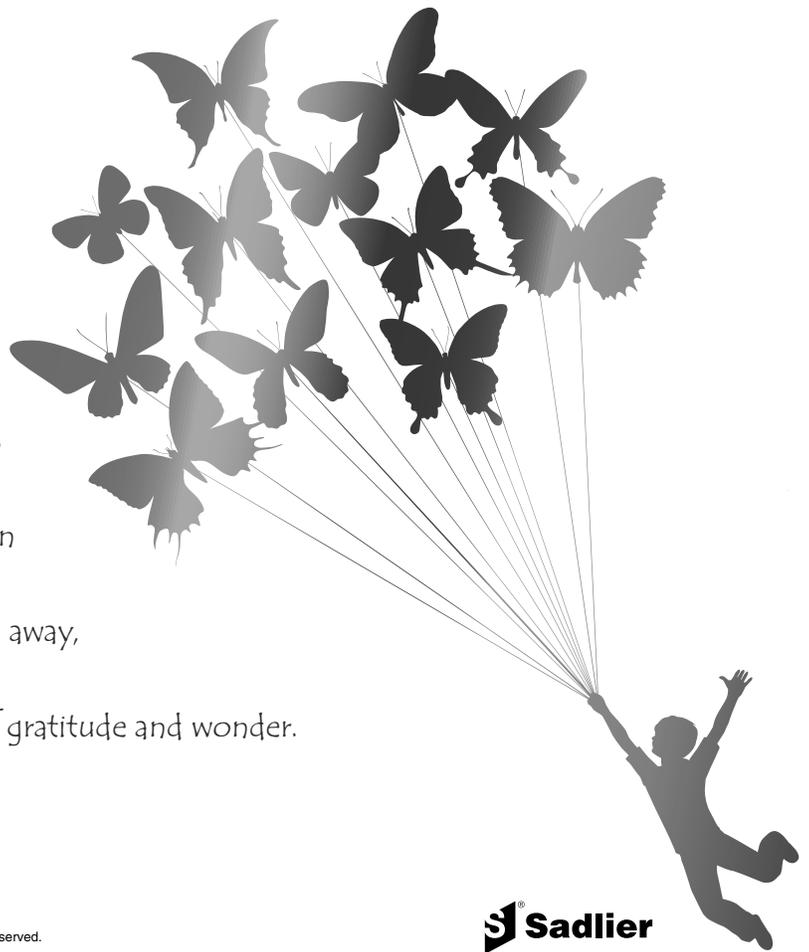
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